SUMMARY

The dashboard shows how working remotely affects employees’ mental health, work-life balance, productivity, and satisfaction. The goal is to understand what factors lead to stress, isolation, or positive outcomes while working from home. This can help companies make better decisions to support their employees.

**Main Issues and How the Dashboard Helps:**

1. Long Working Hours and Stress

* Real Issue: Employees who work longer hours may feel more stressed and have a worse work-life balance.
* Dashboard Insight: The charts show if people working more hours report higher stress levels and lower satisfaction with their work-life balance.

2. Mental Health Resources and Employee Well-being

* Real Issue: Not having enough support for mental health can lead to poor mental health and low satisfaction.
* Dashboard Insight: A comparison of employees who have access to mental health resources with those who don’t helps to see if having support makes a difference in how they feel and work

3. Virtual Meetings and Social Isolation

* Real Issue: Too many virtual meetings can make employees feel more isolated and stressed.
* Dashboard Insight: By showing the number of meetings versus social isolation and stress levels, the dashboard highlights if more meetings contribute to negative feelings.

4. Experience Level and Productivity

* Real Issue: Younger or less experienced employees may struggle more with productivity when working remotely compared to older, experienced ones.
* Dashboard Insight: The charts help show if younger or less experienced employees report more negative impacts on their productivity.

5. Social Isolation and Satisfaction with Work

* Real Issue: Feeling isolated can lead to lower satisfaction with remote work.
* Dashboard Insight: The dashboard shows if employees who feel more isolated are less happy with working from home.

**Why This Matters:**

These insights can help companies understand the problems remote employees face, like stress, lack of support, and isolation. By knowing these issues, companies can improve their policies, offer better mental health support, manage work hours, and create a more supportive remote work environment.